



# BIOPSY CARE INSTRUCTIONS

- We have applied a Nexcare™ waterproof bandage on your biopsy today. Please leave this bandage in place while the site is healing, about 7- 14 days. You may continue your normal shower routine.
- Most wounds may be left uncovered after five to seven days. While the site is uncovered, continue to apply an ointment, such as Vaseline® or Aquaphor®, to the site to aide in the healing process. Avoid use of topical antibiotics such as Neosporin®, patients have a higher rate of contact dermatitis that will inhibit wound healing.
  - Note: wounds that are on an area of the body that become easily irritated should be covered with a bandage for an additional five to seven days.
- Should bleeding occur, apply firm and constant pressure for 15-20 minutes. Once the bleeding has stopped, apply an ointment and clean bandage.
- Infections rarely occur when wound care instructions have been followed. You should call the office if there is severe inflammation, increased pain, swelling and/or yellow drainage or if a fever lasts more than 24 hours develops.
- Please call our office two weeks after your appointment date for your biopsy results, (607) 257-1107. If you reach our answering service, please leave your name, date of your appointment and a number at which to reach you. We will return your call within two business days.

## WHY ARE SKIN BIOPSIES NECESSARY?

A skin biopsy is one of the most important diagnostic tests for skin cancers and disorders. While a lesion may appear one way to the naked eye, it may tell a different story under the microscope. After a biopsy is performed in the office, it is sent to our team of dermatopathologists at Miraca who check for atypical cells and skin cancer. Their reports provide information to our team on the best course of treatment for the patient.